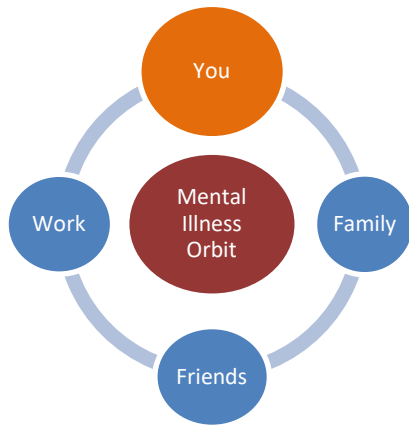


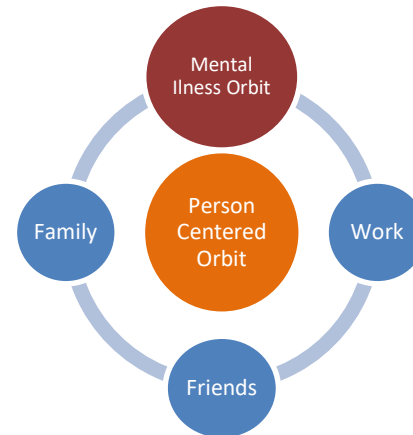
WHAT IS A RECOVERY? Treatment Resistance Position | Personal Recovery Position (Chart 1)

-Chart 1: Recovery poses this key inquiry, "Who is at the Helm of one's life, is it the mental illness or is it You?"-

The Treatment Resistance Stance
-Illness Orbit Position-
Your Life-Revolves Around-The Illness



The Personal Recovery Stance
- Recovery Orbit Position-
The Illness-Revolves Around-Your Life



Illness Orbit: A Position of Recovery Weakness

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Recovery Orbit: A Position of Recovery Strength

Living an Illness Centered Life

Living a Person-Centered Life

WHAT IS A RECOVERY?
-Illness Occupied Living vs Person Occupied Living-
(Chart 2)

-Chart 2: Recovery poses this essential inquiry, "Who occupies the living space within one's life? Is it the mental illness, or is it You?"

